



Advertise here!



ISSUE NO.5

LATEST SCHQ ARTICLES

- [Round 7 wrap up](#)

THE GARY ABLETT MEDAL

This week's Gary Ablett Medal was pretty hard to decide. I've had a plethora of options but I'd have to give the honours to Scott Thompson. Maybe a little bias in this one because he was my captain and he scored 161 with 34 disposals (21 contested), 7 tackles, a goal, 13 clearances and 6 inside 50's. The thing is that he wasn't the only Adelaide midfielder to set up. He had Sloane and Dangerfield along side him.

THE ANDREW CARRAZZO MEDAL

The winner of the Andrew Carrazzo medal is Matt Priddis. So, of course this is the medal that goes to the player who got injured and screwed up our supercoach teams. Matt Priddis was subbed off with concussion after going through all the necessary tests. Only scoring 24 points which won't help the people who have him but will help the people who don't, especially during the bye rounds.

BROUGHT IN THE POINTS

This was probably the biggest surprise by far for the round with Tory Dickson, a man I thought wouldn't get a game for a while and a man who I traded out, scoring a solid 113 with 12 disposals, 5 marks and 4 goals. I was at the game and he was very lively, especially in the first quarter. I didn't know his number but he marked everything coming into the 50 and I was thinking to myself, 'Who is that No.29? He's everywhere'. What a gun. We then found out it was Tory Dickson and the first thing I thought of was my supercoach.

TRADE OF THE WEEK

OUT: Bugg

IN: Spurr

WHY: Possibly one of the rookie defenders that won't be omitted this week. Wait till teams are named to make your decision. Bugg seems to be tagging a lot these days and you'd be needing that money come bye time.

Want to sign up for the newsletter?

Tweet your email address to [@SgtSupercoach](#) or email me your email address to sgtsupercoach@supercoachhq.com
Don't forget to forward this newsletter to all your mates.

SARGE'S ORDERS

- Sam Fisher was never going to play. Then why name him?! What's the point of that?
- Great win by the Giants!
- I'm going to say it again, Richmond supporters and their club are one spirited bunch.
- Impressive by the Dons. Very impressive.
- Going to be a long season for the Lions. Voss on the chopping block.
- The competition is getting very close. As in, there isn't much between the top side and let's say 10th side. Going to be a great finals series.
- Bulldogs wanted it more. Very frustrating watching my boys play like that. Massive step backwards for us.
- Sandilands, I bloody love you! Broughton you're the son I love less but still love!
- St Kilda were too good. Not saying Carlton are out of form, also not saying St Kilda are back. Going to be a very interesting finals series. That's for sure.
- Chris Judd is a star! Will actually deserve votes from Monday's match.

THE PETER YAGMOOR MEDAL

This week there's been a tie for nominations and tweets regarding these two blokes. So, for this round the Peter Yagmoor Medal for worst on ground (for supercoach) are Cyril Rioli and Chris Masten. For Cyril, you should have never chased his score. He only scored 48 before getting subbed out. Chris Masten wasn't so crash hot either, only scoring 54 supercoach points.

THE NAT FYFE MEDAL

The winner of the Nat Fyfe medal for the player who has dominated discussion is now a two time recipient, Gary Ablett. He was the talk of the town when he was named on Thursday with people cursing themselves on why they traded him out. Dominated the clearances on the weekend and not at 100% as well. Can't wait to see him back to full fitness and getting us those 150 point games we love Gary for.

STATE OF ORIGIN

This is a piece written by [Dan Ahearn](#). State of Origin is where we get 5 players (2 guns, 2 mid price players and 1 rookie from each state and total up their supercoach scores to see which state prevails.



- (C) Jimmy Bartel - 0
- Luke Hodge - 0
- Nathan Foley - 134
- Matt Scarlett - 0
- (Sub) James Magner - 84
- Total - 218



- (C) Matthew Pavlich - 230
- Bryce Gibbs - 68
- Jason Porplyzia - 70
- Shannon Hurn - 83
- (Sub) Jackson Trengrove - 67
- Total - 451



- (C) Lance Franklin - 280
- Dean Cox - 141
- Daniel Kerr - 69
- Darren Glass - 74
- (Sub) Kyal Horsley - 80
- Total - 564



- (C) Grant Birchall - 244
- Mitch Robinson - 75
- Justin Sherman - 104
- Jeremy Howe - 70
- (Sub) Aaron Hall - 0
- Total - 497



- (C) Hamish McIntosh - 154
- Lenny Hayes - 107
- Taylor Walker - 124
- Justin Koschitzke - 75
- (Sub) Jacob Townsend - 71
- Total - 560



- (C) Dayne Beams - 218
- Nick Riewoldt - 82
- Brendan Whitecross - 100
- Courtenay Dempsey - 73
- (Sub) Israel Folau - 58
- Total - 473

Jeez, this just gets better and better adding yet another state to the winners list with the valiant WA getting over the next closest team NSW by just 4 points - the West Australian captain came out charging to answer the critics - massive effort :)

Winners list:
NSW: 4
SA: 4
WA: 4

On a not so positive note for the Victorians registering the lowest score in state of origin history with 3 donuts to notch up a disappointing 218.

The votes for sgt supercoach of the year are as follows:

- 1 - Matt Pavlich - scoring a gallant 115 being the sole 100+ player for the south australians this round.
- 2- Grant Birchall - the first Tasmanian to get a SGT Supercoach vote - was the back bone for the Tassie boys itching for there first win.
- 3 - Lance Franklin - with already being on 1 on the leaderboard, this man goes straight to the top! 140! top notch bud!

THE SCOTT GUMBLETON LIST

This list is sent in by Cameron Simpson. 'Qualifications' were obtained online. You can follow him [here](#).

Pearce Hanley (Brisbane) - Hamstring. TBC.

Jed Adcock (Brisbane) - Groin. Test.

Chris Yarran (Carlton) - Toe. Test.

Michael Hurley (Essendon) - Hamstring. Test.

Lachie Neale (Fremantle) - Ribs. Test.

Allen Christensen (Geelong) - Calf. 1-2 weeks.

David Swallow (Gold Coast) - Leg. 6 weeks.

Dean Brogan (Greater Western Sydney) - Arm. 5-6 weeks.

Luke Hodge (Hawthorn) - Knee. Test.

Jarrad Boumann (Hawthorn) - Appendix. 2 weeks.

Hamish McIntosh (North Melbourne) - Test.

Chad Wingard (Port Adelaide) - 1-2 weeks.

Sam Fisher (St. Kilda) - Hamstring. Test.

Nic Naitanui (West Coast) Hamstring. Test.

Matt Priddis (West Coast) Concussion. Test.

THE BARRY HALL LIST

This list is sent in by Dr. Cameron Simpson. Ironically, he is banned from the tribunal. You can follow him [here](#).

Taylor Walker (Adelaide) and Joel Corey (Geelong) - have accepted the sanctions imposed by the MRP.

Note: Obviously, the two lists are only DT/SC related players.

TOP BREAKEVENS

These stats are brought to you by [@Dream_Teamer](#)

Dreamteam

MID Horsley = -73

Adams = -38

Brennan = -27

DEF Delaney = -42

Smedts = -33

Brennan = -27

FWD Adams = -38

Dickson = - 36

Smedts = -33

RUC Stephenson = -33

Supercoach

MID Horsley = -49

Adams = -41

Crisp = -29

DEF Delaney = -66

Brennan = -64

Spurr = - 48

FWD Dickson = -54

Adams = -41

Cameron = -35

RUC Stephenson = -31

BENJAMIN'S BANTER

Ben Cuzzupe is a Reporter for the BigFooty News and the Executive Producer of the Footy Talk Show 'Bound For Glory' on 90.7FM in Melbourne and syn.org.au (for everyone) 10am on Saturday mornings.

Many things frustrated and downright disappointed me on the weekend.

And it's not from clubs like Melbourne again scraped the bottom of the barrel with another awful performance; it's from those we just don't expect trash from.

So to those not showing heart or effort, I believe you have earned this. This is your kick up the arse.

First of all, the Sydney Swans.

Deadset, this is the mob everyone 3 weeks ago was surely, going to have a Brownlow Medallist (Josh Kennedy) and win the flag because they had emerged as a great pressure-exerting force. I even saw Paul Roos for 15 minutes On The Couch, stop sitting in that way in which he resembles Gollum from Lord of the Rings and breathing hate and cynicism from that smarmy face of his, to hand out some praise.

No disrespect to Richmond, who were fantastic and showed great tenacity, but the Swans were awful.

Their midfield was stifled. Their forwards were corralled. Their defence was amateur.

Won just 1 of their last 16 at the G'. Wonder if they know where the Grand Final is played...

A kick up the arse to them all from the Harbour City, because I expect better.

Secondly, North Melbourne's midfield.

A group that were exceptional in clearances and hard ball last season has seen them take a backwards step. Were minus 55 in contested possessions and had 10 fewer clearances' than the Dogs who wanted the ball and were more engaged in the contest. Griffen murdered North at the stoppages and Boyd amassed 44 touches. Ziebell had 8 kicks, in which 6 went straight to the opposition. Harvey was removed from the game by Picken, who smothered him for room.

Liam Anthony continues to amaze in his ability to not only be genuinely afraid of body contact, but struggles to kick over a jam jar and sits giddily in space like a drunken pigeon. Bastinac and Wells have nothing to ride home about either. So to that mob, who have played horrendous games against the Swans, Eagles, Gold Coast and now the Bulldogs; a massive kick up the arse is in order.

And finally, to Carlton and their supporters,

What in the hell was that? Where should I start? They were completely removed from the contest by St.Kilda players who willed their way to the front of the ball and out numbed the Blues at nearly empty stoppage. Judd, the lone hand in the midfield, had to carry an unusually quiet Marc Murphy, a subdued Mitch Robinson, and a downright soft Bryce Gibbs. Its quiet sad how easy Gibbs can be quelled off contested ball, and it seems his development has stagnated a little.

Now, Carlton supporters, your best bet to win a flag, Is under Ratten. You moronic, small minded fools who picked up the phone and called SEN this morning should be ashamed of yourselves. If anything, the best thing Carlton could do is commit to him. He is the man for the job, both tactically and development wise. I believe Monday to be an aberration, so for that, enjoy a kick up the arse.

SIMMO SAYS

Hello, my name is Cameron Simpson. This is my opinion piece and I would love to hear your thoughts on the issue I write about.

Hope everyone is good after a very solid week of AFL Fantasy Football.

This week I am going to pick names from my team and bash them up. I'd like to start with the Vice-Captain of the North Melbourne Football Club; Jack Ziebell. Jack has been playing so bad he is at a stage where he is playing for his spot in the North Melbourne line up, the last 3 weeks he has had putrid SuperCoach returns of 50, 86 and 53 - absolutely disgusting. By far one of the worst trades I have ever made in my history of Fantasy Football. I am at a stage where i can not put up with this, he has to go! Marc Murphy is another name I'd like to throw out there. Been solid for most of the year but his last two outings have been really, really poor. At least you can sense a big score around the corner from Marc unlike Ziebell.

Another topic that I'd like to speak bravely about is the upcoming byes, a lot of people seem to be afraid of what lies ahead. Personally, I am very much looking forward to the challenge of the bye rounds. Over the coming weeks I will speak about tactics throughout the bye rounds for your best way to dodge some terrible scores.

Anyway, have a good week everyone!

SARGE SPEAKS UP

This is where I'll talk about something I want to voice out. Sort of like an opinion piece. I would love to hear your opinions on the matter either through twitter or email.

This week's topic is all about Monday night matches and whether or not they should be a regular game slot for the AFL fixture. Have a look at the pros and cons.

Pros:

- More viewership for Channel 7.
- Standalone for possible blockbusters.
- Something to look forward to after a draining monday.

Cons:

- Less crowd if it is a one sided affair and because it's on a school/work night.
- Less time to work on your supercoach team.
- For Channel 7, it'd remove one of their primetime slots.

I don't think it should a regular fixture but it has to be on the fixture at least 3 or 4 times. Just not the public holiday Mondays either, eg. Queen's Birthday. Also, if there's a public holiday on a Tuesday, why not have a game on the Monday night? The AFL must get it right when it comes to Monday nights or else it'll be something the audience will ignore unless you barrack for the teams that are playing. Figures showed that The Voice exceeded Monday's game with 2.2 million. That's double the viewership of the footy at 1.1 million. To make it work, it has to be a regular thing and not a one off.

FISH AND TIPS



Chris Meister is a guest writer. You can follow him [here](#).

The tips on what not to do are simple but need to be followed if you want to have success playing this game.

Do not forget about the upcoming byes. Unlike previous years there are still league games in these weeks so you need to think about these when making trades. Try to keep your donut players (zero points) to a minimum for those weeks.

Do not just automatically leave the same player as your captain each week. I gave this advice last week and it cost me. I stayed with Pendles, however any one of Swan, Judd, Buddy or Steele Sidebottom would have got me the points I needed for the win.

Do not just look at your league to decide how well you are going. In my league I am winless however more points than half the coaches above me have. In contrast to this my son has 415 fewer points than I, but has had two wins and is just outside the eight.



The fixture, as in real life can be fickle, so you need to realise this and stick with it. Things will turn, they have to.

Maybe this week I will follow my own advice.



Want exposure within the twitter and online football community? Why not place an ad here? This newsletter is growing every week. Help the Sarge shout the writers a slab of beer. None of that premium stuff. Can't afford that. Maybe a slab of VB. Might host a few giveaways too if you're interested.

TRADING FOR THE COMMON WOOD



Ben Woods is a guest writer. You can follow him [here](#).

If you are confident you are going to win your league matches this week then save your trades and let your rookies hit their peak price. This happens when their break even is greater than their season average or seems unattainable.

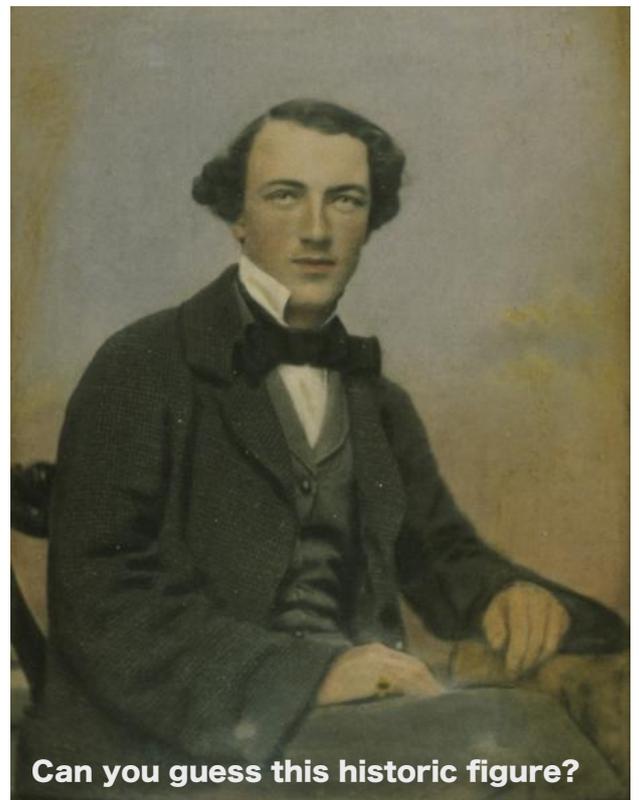
Take for instance Brandon Ellis. He is averaging 50 for the season, which took a hit due to last weeks sub appearance, and his break even is 69. Chances are he isn't going to hit that mark so it may be time to trade him out. Thomas Bugg (average 78, break even 82) could be in the same boat.

Last weeks trades saw me pocket a bucket load of cash so I am using that to upgrade Ellis into Heath Scotland. I have identified my defence as the place that needs to be strengthened most.

If your midfield needs bolstering than it may be time to grab Nick Dal Santo. He is at a bargain price of \$505K. However, after scoring a mere 46 two weeks ago he now has a break even of over 160. If possible hold out for one more week as his price is set to drop even further. Sam Mitchell is another midfielder you could look at. He is priced at \$512K, which is set to rise over the next few weeks.

Forward line wise, it may be time to bite the bullet and pay the premium price for Steele Sideboob. He is in a rich vein of form and showing no signs of slowing down. Plus, his price is set to rise even further over the next couple of weeks. He is the number 1 scoring forward in the competition at the minute, reaping the rewards of the extra midfield minutes given to him in Luke Ball's absence. He is this year's version of what Nathan Fyfe was last year. If that makes sense!!!

GUESS WHO



Can you guess this historic figure?

CAPTAIN'S CORNER



This piece is brought to you by the boys at [@SC Specialist](#).

Who to choose each week as Captain, it's one of the most crucial decisions a coach can make, so we're here to make it easy for you to choose who to chuck the big 'C' on. As it will always be, stats are as follows: (Season average, Projected score, average vs opponent, av at venue, last time they met)

1. Gary Ablett (144,149,123,N/A,141)

You will probably see Gary named in this segment every week he's an out and out star and without a doubt the best Supercoach scorer in the competition. Gary averages 123 against the dogs and scored 141 last time they met, he has never played up in Darwin but should adapt to the conditions and dominant in his usual fashion. He should be better for last week's run against the Giants, he's a gun if you have got him put him as your captain.

2. Scott Thompson (127,124,103,90,102)

Scott has been absolutely dominating this season, he has averaged 127 points per game and hasn't got less than 90 points in a game so far this season. He also has had huge scores of 141,147 and 161 which can get you over the line if he repeats one of those performances as your captain. Against the Blues he has had an ok record but with Rory Sloane firing the focus has gone a bit off him so he may not get the tag. So far this year he has been unstoppable and if you put the 'C' on him he won't disappoint you and he's also a POD.

3. Dane Swan (122,120,101,115,98)

Last year's Brownlow medallist loves the big stage which he showed on Anzac day a few weeks ago when he scored 182 points. The Pies are playing the Cats on Friday night and there is no bigger stage, so Swanny could explode and with no Cameron Ling shadowing his every step he could score big. He's a great captain choice and with the cats struggles at the moment he could tear it up and get in excess of 150.

Roughie: Aaron Sandilands (124,124,86,77,120)

Aaron hasn't performed well against the hawks in recent history, averaging only 86 against them. Although with the Hawks depleted ruck stocks and the fact they don't have a dominate ruckman Sandi could take over and get up to 50 hit outs. Also with Aurora being such a small ground there might be a lot of stoppages where he could dominate the hawks 2nd string ruckman of Jarryd Roughead and David "hair hat" Hale. Sandi is a great POD and not many would have him as captain if you decide to put the "C" on him you will be rewarded.



Check out the changes I've made to my side every round by clicking [here](#).

SPECIALIST STATS



This piece is brought to you by the boys at [@SC Specialist](#).

JUMP ON

Lee Spurr (FRE) \$116,700 – DEF

Impressed on the weekend with 70 points, a fair score from the second gamer. Scored 50 in his first game being the sub, which has hurt his price increase. If you missed the Horsley boat, Spurr will generate you some cash (\$49k) with his third game coming up this week.

Clancee Pearce (FRE) \$469,000 – MID/FWD

Fremantle's highest scorer against Port on Sunday with 130 points, and averaging 94. Congrats if you picked him up at \$332,500 in r1. Projected to rise \$33k this week and will continue to rise through the coming rounds.

Ivan Maric (RICH) \$485,100 – RUC

Has thrived at his new club, making a name for himself as a premium ruckman. Predicted to increase in price by \$31k, a great option especially with the depleted ruck stocks. The famous mullet will also add a touch of class to your side.

Tory Dickson (WBD) \$157,700 – FWD

This bloke caught us all by surprise on the weekend booting 4 goals on his way to 113 points. Is still fairly cheap due to his slow start, and expected to rise \$52k. A good downgrade option for some quick cash.

Scott Thompson (ADE) \$613,200 – MID

A proven gun, will not disappoint. Averaging 127 this year and scored a massive 161 last round. Thompson is extremely consistent, and is projected to increase by \$18k, and peak at \$660,000. Strongly consider.

JUMP OFF

Matt Priddis (WCE) \$503,500 – MID

Has been one of the biggest disappointments this year, only averaging 90 points a game, considerably less than his 2011 average of 114. Subbed off with concussion on the weekend which saw him get only 24 points. Has fallen in price by \$115k since r1, and is predicted to drop again by \$42,000 if he plays.

Jack Darling (WCE) \$381,700 – FWD

Started well but has struggled recently, with scores of 46 and 47 points in his last two outings, which were much less than his average of 90 before then. Predicted to fall by \$28k, so if you have him, perhaps you should jump off.

Tom Hawkins (GEE) \$453,400 – FWD

Hawkins is renowned for his inconsistency, and that looks to be continuing this year with only two scores over 90 (159 and 139), although he has been a popular pick with 53,000 coaches including him in their line-up. A measly 46 last round means a price reduction of \$27k this week.

TOLD BY A 7 YEAR OLD



Lachlan Meister is guest writer Chris Meister's 7 year old son.

I'm still going pretty well in my league. I won again this week thanks to some good scores from Swan, Judd, Cox and Buddy. Cox played well even though my Bombers beat them by lots.

Hopefully I will win this week against who I am playing I have a good chance I would have beat him last week.

I traded out Goodes last week for Dangerfield, wasn't a bad trade as he scored 98 points in his first game in my team.

I love playing SuperCoach. Woo Hoo

QUICK PIC OF THE ROUND



EXTRA EXTRA!

Some of the headlines you might have missed are brought to you by [John McBrearty](#).



AMERICA TO THE MAXX

Maxx Sann is an American turned Aussie. Moved to Australia 2008. He is an ex-pat learning our great game and he barracks for Fremantle. You can follow him [here](#).

I must admit I am a Supercoach and AFL addict, but this weekend I took my addiction to an extreme. Sitting on the Qantas flight QF94 from Los Angeles to Melbourne an announcement from the flight attendant came on stating "WiFi trials will be available on this flight". Immediately after hearing this, the kid inside of me comes out and I fire up my iPad and iPhone realising I was going to be able to have live Supercoach scores while flying over the Pacific Ocean (LEGENDARY). I turn on my WiFi and that's when I see that there is a cost involved (\$30 for 10MB or \$45 for 25MB). After registering a user name and purchasing the 25MB I begin following all the live scores (it was one of the happiest times in my life). Hours pass by of following all of Saturdays live scores and I begin thinking to myself how have I not exceeded the 25MB? After touching down in Melbourne I reread the original email sent to me after registering for the WiFi, stating that every MB I exceed over my original 25 I have to pay \$1 (always read the fine print). The next few days are a going to be very nerve racking for me, waiting for my credit card statement with the final internet charge on it. A large charge from Qantas is inevitable, but in the grand scheme of things an addiction to Supercoach is far safer then Drugs or Alcohol.

WINNING WAGERS

This piece is written by my mate Chris 'The Couch' Watts.

Like I said last week round 7 was going to be a tricky week, and teams proved that with some upset wins and then some dominating performances. Very similar to this week, and a few more upsets that await

Value bet: GWS to win @ \$4.50

I'm surprised to see these odds being stretched. GWS proved themselves a bit last week, and if they can keep the form up then they could challenge the Lions. Worth a punt if you like backing underdogs. If they play 4 quarters of football they'll win, have challenged other teams as well.

Value bet: St Kilda to win @ \$2.90 or a line-bet handicap for them

I didn't watch the Monday night game, but from what I heard (mostly shouting) is that St Kilda were playing great and they comfortably beat the blues. The Eagles are injury-hit as seen by that loss against Essendon and look vulnerable. Should be a close one since it's at patersons.

My Personal Multi: One of my safest multi's I've done in awhile for AFL, but still some good reward. Putting handicaps on the last two teams I mentioned will push up the dividend nicely, but with it the risk rises.

Collingwood (-9.5) @ \$2.10 | St Kilda to win @ \$2.95 | Essendon (-18.5) @ \$2.10 | North Melbourne to win @ \$1.47 | Hawthorn to win @ \$1.20

Dividend: \$22.94

Note: All bets were made on Monday-Tuesday; so many minor factors I usually use were not used. All Odds are from Centrebet.com.



Given the majority of AFL clubs are based in Victoria, sometimes we can neglect the Non-Victorian clubs, in terms of a SuperCoach and tipping/wagering aspect.

So, as the season is now a quarter gone, lets delve into each of the Non-Victorian clubs, and detail how they are tracking this season, their future prospects and my opinion on some of the best SuperCoach prospects moving forward.

Adelaide: Have started 2012 under new coach Brendon Sanderson remarkably well, winning the pre-season NAB Cup, and winning 6 of their first 7 matches, losing only to last years Preliminary finalist Hawthorn at the MCG. Coupled with a big win over last years premiers Geelong in Round Seven, and a favourable draw, they can look forward to another finals appearance, and could well be challenging for the double chance deep into the home and away season. As for their gun Supercoaches, Scott Thompson is a proven performer and will rack up the tons, of the new guard Patty Dangerfield, and Rory Sloane seem the best of a good bunch, don't bother with Kurt Tippett, he is too inconsistent, Taylor Walker has improved and is a good, but risky forward option.

Brisbane Lions: After a promising Round One win over Melbourne, they have struggled overall, and have only won 2, of their first 7. This was to be expected, as they are a young inexperienced side boosted by the elders Jonathan Brown, and Simon Black. A finish of 6 to 8 wins would be a good result in 2012. Matt Leuenberger was to be the SuperCoach star this year but achillies problems put paid to that, 2011 Best and Fairest Tom Rockliff has been up and down, and young gun Jack Redden is a shade off his peak form last year. Jed Adcock is always a good option in defence, but is injury prone as is, Josh Drummond, talented but constantly on the sidelines due to injury.

Fremantle: They could be the most maligned side in the AFL now, given Ross Lyon seems to have taking all St.Kilda's bad habits over to the West. They have proved so far that they can win games, but it won't be through attacking footy. Sitting 5-2 is a fair result so far, losing only to the Swans in Sydney, and Carlton at home, while the defeat of St.Kilda was their best win so far.

Freo are on target to make the finals, but it won't be attractive viewing. Nat Fyfe, was looking to goods to follow up his 2011 breakout year, when his troublesome shoulder failed again, Matty Pavlich is a gun, and keeps racking up big scores, always a safe century option in the forward line. David Mundy now he is getting back to full fitness is a good midfield option too. Greg Broughton, and Michael Johnson will frustrate, but on their day can score particularly well.

Gold Coast: Almost recorded their very first home AFL win in Round Six against the Dockers, failing only by 7 points, before suffering a loss to GWS in Round Seven. Overall have showed signs of improvement, but are still winless, and they struggle to put in a full four quarter performance. They will win matches in 2012, and probably 4-5 overall for 2012. They should avoid a second successive Wooden Spoon. Gary Ablett, when fit is simply the premier mid-fielder in the game, and his injuries do hurt the side, already lacking in class performers. The big improver so far is Harley Bennell on the back of stand-out performances in Round Five and Six. They will miss Nathan Bock with his broken leg, but Dave Swallow is getting better week after week, honourable mentions to Kyal Horsley and big Karmichael Hunt, both playing some pretty good footy.

Greater Western Sydney: Finally recorded their first AFL win in Round Seven, with their win over Gold Coast, However they should finish bottom, and any further wins they achieve will be between now and Round 19, as beyond that the tiredness of the season will force the younger players to struggle to compete against match hardened senior players vying for Finals.

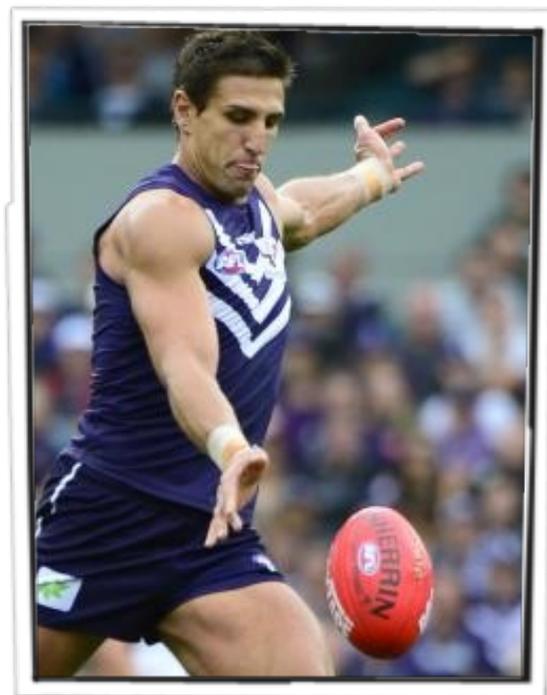
Stephen Coniglio looks a gun, and Toby Greene, Devon Smith, Adam Kennedy all have a bright future as well. As of yet we have not seen Number One draft pick Jonathon Patton, but he will get a run once he gets match fitness in the NEAFL. James McDonald the former Demon skipper is holding his own, despite missing a year of AFL, after the Dees, unwisely forced him out of the club. As for Israel Folau, not this year i'm afraid.

Port Adelaide: The Power have slightly improved from their poor 2011, but still only have the Round One victory over the Saints under their belt so far. Competitive efforts have boosted Matty Primus' credentials but they will struggle to win more than 6 games all the same, in 2012. Travis Boak is solid, Troy Chaplin is a handy scoring defender, Chad Wingard was on the bubble before injury and Kane Cornes was back near his best form too. Jarrad Redden, and John Butcher will be high scorers in years to come as well.

Sydney: What can we say about the Swans, 5-2 after Round Seven, Won the first five, then dropped the last two to Adelaide, and the Tigers. Their best performance came at Aurora Stadium, Launceston as they obliterated the Hawks after half time.

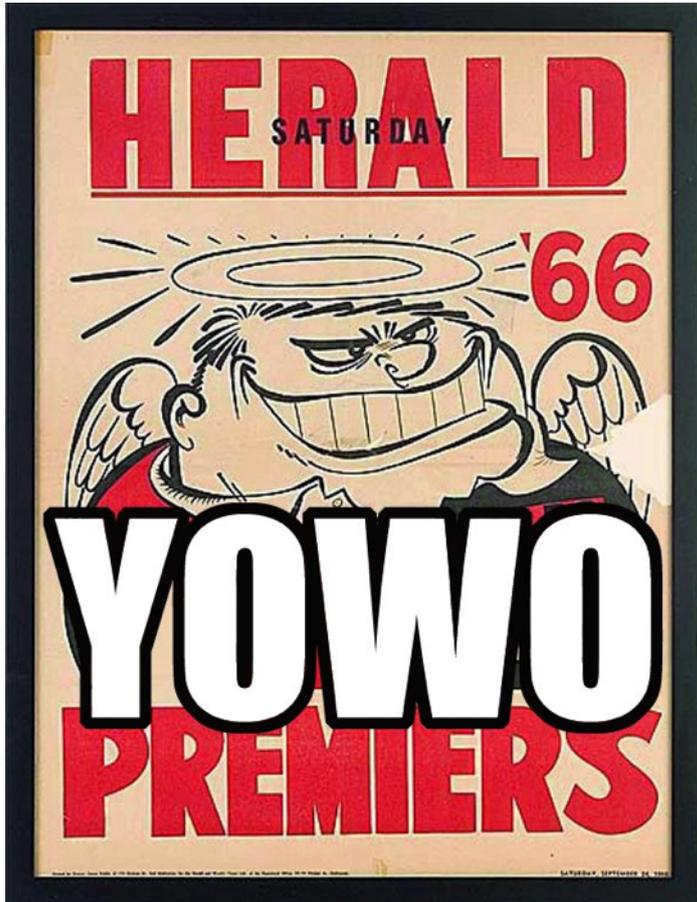
Losing superstar Adam Goodes, to injury will hurt their cause, but Josh Kennedy is in Brownlow Medal winning form, and supported by Jude Bolton, Kieren Jack, Craig Bird, Dan Hannebery, and young Luke Parker, the Swans will be right up there challenging for a top four berth. Shane Mumford's back has hurt SuperCoaches, but Mark Seaby is a more than adequate back-up, just don't touch Sam Reid, he is low on confidence, and could well be sent back to the NEAFL to gain some form.

West Coast: The finally were defeated in Round Seven, the last team to do so in 2012. The Eagles have survived some close calls, namely the matches against Hawthorn, and Richmond, which given a little less luck they could have been defeated in both. They will make the eight, it just remains to see how injuries affect them, and how long they can keep winning. I think they will get 14-15 wins which should give them the double chance. Matt Priddis is an under-rated gun, and his injury on Saturday night hurt them badly. Other top performers include evergreen Daniel Kerr, and young guns Scott Selwood (enjoying a break-out season), Andrew Gaff, and Luke Shuey. Jacob Brennan after a long wait has come on nicely too. Big Dean Cox, could be just starting to feel his age, and is no longer the automatic ruck selection for SuperCoaches that he once was.



Matthew Pavlich kicking his 500th career goal.

AFL MEME OF THE WEEK



FROM THE MOUTH OF THE SOLDIERS

 **Sgt. Supercoach**
@SgtSupercoach

Was there a donkey on that field?! #afldeeshawks

 **Stephen Brown**
@12_browny Following 

“@SgtSupercoach: Was there a donkey on that field?! #afldeeshawks” Israel Folau was up there having a kick mate!

 **Scott Saunders**
@gollytas Following 

@SgtSupercoach that's a bit rough on Zac Dawson there mate!!

 **Trent Lethbridge**
@Doc_Buso Following 

Nah that was just Bruce MaCavaney :P RT
@SgtSupercoach Was there a donkey on that field?! #afldeeshawks

COMPARE THE PAIR

Compare the reactions between my tweets and my mate Ben's tweets.

 **Ben Cuzzupe**
@BenCuzzupe

SERIOUSLY, WHO IS DIRECTING THIS CAMERA WORK? MICHEAL BAY!? #afldeeshawks

 **Sgt. Supercoach**
@SgtSupercoach

That camera angle was hurting my head!

 **Ben Cuzzupe**
@BenCuzzupe

FUCK THE WEAPON. HOW ABOUT COMMENTATE THE ACTUAL GAME YOU FUCK WIT, PIG HEADED IDIOTS. #aflonseagles

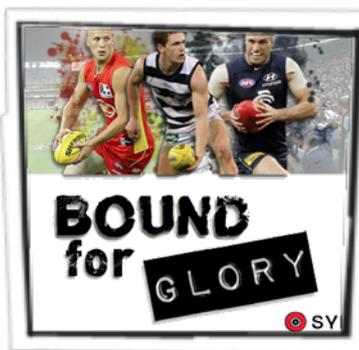
 **Sgt. Supercoach**
@SgtSupercoach

The Weapon is mentioned at least once in a coverage. There'll be The Weapon drinking game soon.

SGTSUPERCOACH'S TIPS

- Collingwood** vs Geelong at the MCG
- Port Adelaide vs **North Melbourne** at AAMI Stadium
- Hawthorn** vs Fremantle at Aurora Stadium
- Sydney** vs Melbourne at the SCG
- Western Bulldogs** vs Gold Coast at TIO Stadium
- Essendon** vs Richmond at the MCG
- Brisbane** vs GWS at the Gabba
- Carlton vs **Adelaide** at Etihad Stadium
- West Coast** vs St Kilda at Paterson's Stadium

The Grand Final replay is on Friday and will be a cracking game. Two 'underperforming teams' (comparing them to where they were last year). Should be a very tight match as it always is. North Melbourne have their backs against the wall and of course do their best work when under pressure. This will be a test though as Port isn't the Port we've gotten used to in recent years. Game of the round would easily be Dreamtime at the G. If Richmond win here, they will go crazy over there at Punt Rd. But Essendon should be too good. Carlton and Adelaide would be a close to second. Adelaide's confidence from last week's win did them the world of good and will feel like they have the skills to take it up to Carlton. Carlton need to prove that they are still flag favourites by beating Adelaide.



Be sure to listen to **Bound For Glory** on 90.7FM. 10am on Saturday mornings. They are aspiring journalists talking all things footy and more! You can listen to them online [here](#), visit their [website](#) and follow them on twitter [here](#). This is an unpaid advertisement but the executive producer of the program will shout me a beer.